Today about 20 people took part in the first Warning Signs and Keys to Preventing Suicide and Self-Harm, a day-long conference hosted by the Consell de Formentera together with the Balearic Office for Children and Adolescents. Taking place in the Consell auditorium, the conference will feature discussion on the theoretical framework of the Suicide Observatory as well as highlight myths, risk factors, worry signs and preventive steps. Participants will also come away with practical tips on spotting suicidal ideation through questions and ways to intervene.

Rafael Ramírez, Councillor of Social Welfare, opened the event and shared his hopes that participants would find it useful. Nicole Haber, head of the Suicide Observatory, and Maria Dolores Gabaldón, social worker at the Mental Health Office of the Balearic Islands, led the conference.

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Communications Office
Consell de Formentera